

**DESCRIPTIVE SESSION**

## ❖ “Science Behind Surya Namaskar”

➤ Minister of State for AYUSH, Dr Munjpara Mahendrabhai Kalubhai has released the book.

➤ The book was compiled by the All-India Institute of Ayurveda (AIIA) department of Swasthavritta and Yoga, at AIIA.

❖ **Yamuna Kumar Chaubey gets charge of NHPC chairman and managing director**

➤ State-owned hydro power giant NHPC said that its Director (Technical) Yamuna Kumar Chaubey has been given the charge of Chairman and Managing Director for three months beginning September 1.

➤ Chaubey, 59, is a graduate in Civil Engineering from IIT, Kharagpur. He joined NHPC Limited in 1985 as a Probationary Executive (Civil) at 540 MW Chamera Hydro-Electric Project, now Chamera-I Power Station, Himachal Pradesh.

➤ At present, Chaubey is Director (Technical) in NHPC and is also holding the additional charge of Director (Personnel), NHPC.

❖ **Jasprit Bumrah appointed brand ambassador of “Uppercase”**

➤ Jasprit Burmah has been signed as the Brand Ambassador of the “Uppercase” eco-friendly luggage brand. Jasprit Bumrah is managed by RISE Worldwide which is a Reliance Initiative and India’s largest sports, and entertainment Company will lead the D2C brand’s ‘Never Ordinary’ campaign.

❖ **64th Ramon Magsaysay Award 2022**

➤ The Ramon Magsaysay Awards Foundation (RMAF), which is widely regarded as the “Nobel Peace Prize of Asia,” recently announced this year’s awardees in a global announcement ceremony.

- The 2022 Ramon Magsaysay Awardees are Soteara Chhim (Cambodia), Bernadette Madrid (Philippines), Tadashi Hattori (Japan) and Gary Bencheghib (Indonesia).
- The Ramon Magsaysay Award, established in 1957, is Asia's greatest honour and distinction. The award is managed by RMAF. It is named after Ramon Magsaysay, the third president of the Philippines. The award is regarded around the world as "Asia's Nobel Prize". The prize is annually presented in a ceremonial ceremony in Manila, Philippines on August 31. The first Ramon Magsaysay Awards ceremony was held on 31st August 1958.

#### ❖ **Alappuzha Declared as the Fifth Fully Digital Banking District**

- Alappuzha has become the fifth fully digital banking district in the state. A declaration was made by the Reserve bank of India Kerala and Lakshadweep Regional Director Thomas Mathew regarding this.
- As a part of the initiative at least one digital transaction facility, such as a debit card. Internet banking, mobile banking, a unified payment interface, and many other facilities, has been enabled 26 lakh savings or current bank accounts in 29 banks in the districts.
- The places where banking services became digital before Alappuzha are Thrissur, Kottayam, Palakkad, and Kasaragod. The initiative of this project was taken by the Reserve Bank of India (RBI) with the support of the State Level Bankers Committee (SLBC) and respective districts administrative as part of the Union Government Digital India Project.
- Alappuzha is also known by its former name Alleppey. Alleppey is the administrative headquarters of the Alappuzha district in Kerala. The district was formed on 17th August 1957 and the name was changed to Alappuzha in 1990, it is the smallest district of Kerala.

#### ❖ **First Homoeopathy International Health Summit held in Dubai**

- The first edition of the "World Health Summit for Pride of Homoeopathy" was held in Dubai on 29 August 2022.
- Aim: to promote a homoeopathic system of medicine, drugs, and practices.
- Theme of summit: "Diseases caused by climate change and global warming".

➤ It was organised by Burnett Homoeopathy Pvt Ltd & was addressed by Ashwini Kumar Choubey, MoS, Environment Forest & Climate change.

❖ **Indian Army contingent participates in Exercise Vostok-2022 in Russia**

➤ Russia has launched week-long military drills involving forces from China and other nations.

➤ The exercise will be held until September 7 at seven firing ranges in Russia's Far East and the Sea of Japan, and that it involves more than 50,000 troops and 5,000 weapons units, including 140 aircraft and 60 warships.

➤ Soldiers of Indian Army contingent 7/8 Gorkha Rifles are participating in this exercise.

➤ The 'Vostok-2022' strategic command and staff exercise is being conducted under the command of Chief of General Staff of Russia Valery Gerasimov.

❖ **PM Modi commissions India's first indigenous aircraft carrier INS Vikrant**

➤ Prime Minister Narendra Modi on Friday morning commissioned the first indigenous aircraft carrier, INS Vikrant in a ceremony at Cochin Shipyard Limited in Kochi.

➤ Designed by the Indian Navy's in-house Warship Design Bureau (WDB) and built by Cochin Shipyard Limited, a Public Sector Shipyard under the Ministry of Ports, Shipping and Waterways, Vikrant has been built with state-of-the-art automation features and is the largest ship ever built in the maritime history of India.

➤ The Indigenous Aircraft Carrier is named after her illustrious predecessor, India's first aircraft carrier, which had played a vital role in the 1971 war.

➤ Vikrant carries a mix of about 30 aircraft. It could fly the MiG 29k fighter aircraft in anti-air, anti-surface and land attack roles.

➤ The ship is 262 m long and 62 m wide and it displaces approximately 43,000 tonnes when fully loaded. INS Vikrant can attain a maximum speed of 28 knots with an endurance of 7500 nautical miles.

➤ IAC Vikrant consist of 14 decks with 2,300 compartments which can carry around 1,500 sea warriors and to cater to the food requirements, around 10,000 chapatis or rotis are made in the ship's kitchen, which is called the ship's galley.

➤ The ship is also fitted with a physiotherapy clinic, ICU, laboratories and isolation ward.

#### ❖ **PM Modi unveils new ensign of Indian Navy**

➤ Prime Minister Narendra Modi unveiled a new ensign of the Indian Navy during the commissioning of the country's first indigenously-built aircraft carrier - INS Vikrant - at Cochin Shipyard Limited in Kochi.

➤ The new naval ensign unveiled has been named 'NISHAN'.

➤ The earlier ensign of the Navy was a white flag with horizontal and vertical red stripes, with the Emblem of India emblazoned at the intersection of the two stripes, and the tricolour placed in the canton.

➤ The new naval ensign which the PM unveiled in Kochi replaces the present ensign that carries the Saint George's Cross with the Tricolour in the canton (top left corner of flag).

➤ It is 4th change since 1950.

➤ It now includes the Indian Navy crest on a navy blue background and draws inspiration from Chhatrapati Shivaji Maharaj.

➤ The Indian Navy draws its origin to the colonial period. On October 2, 1934, the naval service was renamed Royal Indian Navy (RIN), with its headquarters at Bombay (now Mumbai)

➤ An Ensign is a national flag which is displayed on ships and aircraft, often with the special insignia of a branch or unit of the armed forces.

#### ❖ **Forbes Asia 100 To Watch 2022**

➤ Forbes Asia released the 2nd edition of the list titled 'Forbes Asia-100 to Watch 2022'.

➤ The list highlights small companies and startups on the rise across the Asia-Pacific region. The list for 2022 featured 11 start-up companies from India along with 19 companies from

Singapore, followed by 16 start-ups from Hong Kong, 15 from South Korea, and 13 from China. According to Forbes, 15 countries and territories are represented across 11 categories that include biotechnology and healthcare, e-commerce and retail, and finance.

### ❖ India Surpasses UK to Become World's 5th Largest Economy

- India has surpassed Britain to become world's fifth largest economy, Bloomberg reported. The change in ranking has pushed the United Kingdom to the sixth spot as the country continues to grapple under the brutal cost-of-living shack.
- The Indian economy is forecast to grow more than 7 per cent this year. On an adjusted basis and using the dollar exchange rate on the last day of the relevant quarter, the size of Indian economy in "normal" cash terms in the quarter through March was USD 845.7 billion. On the same basis, UK was USD 816 billion, according to the report.
- IMF's own forecasts show India overtaking the UK in dollar terms on an annual basis this year, putting the Asian powerhouse behind the US, China, Japan and Germany. A decade ago, India ranked 11th among the largest economies, while the UK was fifth.

### ❖ Western Odisha Celebrates Agricultural Festival Nuakhai

- Western Odisha is celebrating agricultural festival Nuakhai on 1st September.
- Nuakhai is an annual harvest festival in Odisha, celebrated to welcome the season's new rice.
- Celebrated a day after Ganesh Chaturthi, Nuakhai is the most auspicious and important social festival in Western Odisha.
- In Nuakhai, nua means new and khai means food.